



By the Numbers

A Glimpse at the Need in Our Three Valleys Region

Our Three Valleys region is rich in innovation, scientific and technical achievements, agriculture, natural beauty, and the arts, with a strong commitment to inclusion and community. Yet submerged in our suburbs and in the midst of great affluence, there are many individuals struggling to survive daily.

Whether that struggle comes in the form of food security, housing, access to basic health or mental health services, the needs and the individuals are very real. Here are just a few examples...

Top Community Health Needs:

The 2022 Community Health Needs Assessment (CHNA) by John Muir Health, along with the 2021 CHNA and the 2019 Community Benefit Report by Stanford Health Care Tri-Valley, cite **behavioral (mental) health, structural racism, economic security, housing and homelessness, healthcare access and delivery, community and family safety, food security and transportation, and healthy lifestyles** as the **top** Tri-Valley community health needs.¹

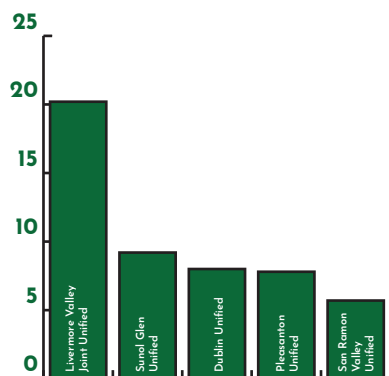
Poverty

More than **16,400** individuals live below the poverty line in our Three Valleys region. That represents a 60% increase in the number of people living in poverty since 2000.²



Poverty in our Schools

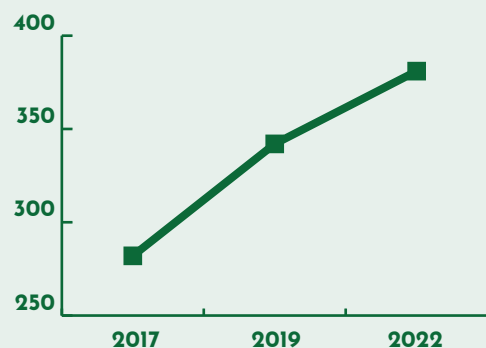
In our Three Valleys region, there are approximately 6,500 school-aged youth who live in socio-economically disadvantaged households.³



Percentage of each district's total student population

Housing

11,000 Tri-Valley households are rent-burdened (over 30% of income goes to rent).⁴



Unsheltered Individuals⁵

174	Livermore*
72	Pleasanton
29	Dublin
27	San Ramon
8	Danville
3	Alamo



*In addition, Livermore has 68 sheltered homeless individuals, 48% of whom are children.

Food Insecurity



More than 185,500 residents in Alameda and Contra Costa Counties are food insecure. 70,000 are children.⁶

Transportation

Rates of extreme commuting (>90 minutes one way) are twice as high for Dublin residents compared to Alameda County (11% vs 5%). Rates are also higher in Pleasanton and Livermore than the Alameda County average (7% vs 5%).⁷

Foster Youth

There are nearly 75 identified foster youth who live in our Three Valleys region.⁸

Childcare

In Alameda County, more than 115,000 children lack access to formal childcare and early education/preschool.⁹

Mental Health

According to worldwide trends, since the pandemic, 1 in 4 youth are experiencing elevated depression symptoms and 1 in 5 elevated anxious systems; in the Tri-Valley, mental health is a crisis across all populations, with an increase in youth suicide attempts, suspensions, and behavioral issues.¹⁰

Education

Although our region has one of the highest rates of doctorate degrees per capita, and 67% of Tri-Valley residents have a Bachelor's Degree or higher, nearly 6% of adults in our Three Valleys region do not have a high school diploma.¹¹



Join Three Valleys Community Foundation as we identify the top needs in our region for grantmaking opportunities in 2023. Our goal? A community where every single person has the opportunity

to live a full and rewarding life. Let's give, grant and grow - together.

Sources: 1 Community Health Needs Assessment, John Muir Health Report (2022); Community Benefit Report, Stanford Health Care - ValleyCare, Community Benefit Advisory Group, (2021). 2 U.S. Census Bureau, Poverty, Poverty Thresholds, (2020); Data Profile: Just Getting By in the Tri-Valley, Tri-Valley Anti-Poverty Collaborative and Alameda County-Oakland Community Action Partnership, (August 2021). 3 DataQuest, California Department of Education, (2020). 4 Data Profile: Just Getting By in the Tri-Valley, Tri-Valley Anti-Poverty Collaborative and Alameda County-Oakland Community Action Partnership, (August 2021). 5 Everyone Counts! Homeless Point-in-Time Count, Alameda County and Contra Costa County, (2022). 6 Gundersen, C., Strayer, M., Dewey, A., Hake, M., & Engelhard, E., Map the Meal Gap 2022: An Analysis of County and Congressional District Food Insecurity and County Food Cost in the United States in 2020. Feeding America, (2022) 7 Community Health Needs Assessment, John Muir Health Report (2022). 8 DataQuest, California Department of Education, (2020). 9 Alameda County Early Care and Education Needs Assessment, Cities Profiles, Alameda County Early Care and Education Planning Council / First 5 Alameda County, (2021) 10 Racine, N. et al., Global Prevalence of Depressive and Anxiety Symptoms in Children and Adolescents During COVID-19, A Meta-analysis. JAMA Pediatr., (2021). Community Health Needs Assessment, John Muir Health Report (2022) 11 Community Health Needs Assessment, Stanford Health Care - ValleyCare, Actionable Insights, LLC., (2019); Data Profile: Just Getting By in the Tri-Valley, Tri-Valley Anti-Poverty Collaborative and Alameda County-Oakland Community Action Partnership, (August 2021).